## **Daily life**

Hygiene & health

water/energy conservation showers - baths personal needs drugstores / pharmacies / chemists safety of water and food special medication and allergies birth control

- Portable dictionary / phrasebook
- Time Schedules (siesta, prayers, sabbath, etc.)
- Jet lag, time zones
- Electrical power and adapters
- Driving culture
- Transportation
- Banking, Post Offices
- Food and drink
- Getting information
- Making friends
- Safety and security
- Grocery stores (hours, selection)
- Manners and taboos
- Discrimination